



Traditional Menu – 2014



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT 1	Sausages Creamed Potatoes	Lamb Bolognaise Pasta	Roast Pork & Apple Sauce Roast Potatoes	Cheese & Tomato Pizza Jacket Potato	Fishcake Chips
MEAT 2	Chicken Biryani Naan Bread	Cheese Flan Jacket Potato	Tuna Pasta Crusty Bread	Chicken Fricassee Rice	Lamb & Vegetable Cheese Cobbler Boiled Potatoes
VEGETARIAN 1	Quorn Sausage Creamed Potatoes	Vegetable Bolognaise Pasta	Quorn Fillet Roast Potatoes	Cheese & Tomato Pizza Jacket Potato	Vegetables Nuggets Chips
VEGETARIAN 2	Vegetable Biryani Naan Bread	Cheese Flan Jacket Potato	Vegetable Pasta Crusty Bread	Quorn Fricassee Rice	Vegetable Cheese Cobbler Boiled Potatoes
ACCOMP.	Onion Gravy	Tomato Sauce	Gravy		Tomato Sauce Vinegar
VEGETABLES	Garden Peas Sliced Carrots Mixed Salad	Baked Beans Broccoli Mixed Salad	Cabbage Peas & Sweetcorn Mixed Salad	Baked Beans/Coleslaw Green Beans Mixed Salad	Mushy Peas Mixed Vegetables Mixed Salad
DESSERT	Choc-Chip Cookie Iced Sponge	Eves Pudding & Custard Flapjack	Chocolate Tart Iced Bun	Jumble Cookie Fruit Crumble & Custard	Ice Cream Selection of Fruit
BREAD	White Bread	Brown Bread	White Bread	Brown Bread	White Bread

MILK – FRUIT – YOGURT AVAILABLE DAILY

Week Commencing: 8th September, 6th October, 10th November, 8th December



Traditional Menu – 2014



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT 1	Cheese & Pepper Pizza Potato Swirls	Turkey Meatballs in Tomato Sauce Creamed Potatoes	Lamb Rogan Josh Rice	Roast Chicken & Stuffing Croquette Potatoes	Fish Goujons Chips
MEAT 2	Salmon & Cheese Nugget Potato Swirls	Pork Loin Lyonnaise Potatoes	Cheese Flan Jacket Potato	Bacon & Sweetcorn Carbonara Tomato Bread	Spicy Pork Quesadilla Chips
VEGETARIAN 1	Cheese & Pepper Pizza Potato Swirls	Quorn Meatballs In Tomato Sauce Creamed Potatoes	Vegetable Rogan Josh Rice	Quorn Fillet & Stuffing Croquette Potatoes	Vegetable Burger Chips
VEGETARIAN 2	Vegetable Stir-Fry Noodles	Jacket Potato With Cheese	Cheese Flan Jacket Potato	Vegetable Carbonara Tomato Bread	Cheese & Onion Quesadilla Chips
ACCOMP.	Tomato Sauce	Gravy		Gravy	Vinegar Tomato Sauce
VEGETABLES	Garden Peas Sweetcorn Mixed Salad	Broccoli Baton Carrots Mixed Salad	Baked Beans Macedoine Vegetables Mixed Salad	Green Beans Sliced Carrots Mixed Salad	Mushy OR Garden Peas Baked Beans Mixed Salad
DESSERT	Lemon Drizzle Cake & Lemon Sauce Custard Biscuit	Mousse Norwegian Biscuit	Fruit Crumble & Custard Ice Cream	Iced Chocolate Sponge Fruit Salad	Jam OR Lemon Curd Tart & Custard Fruit Muffin
BREAD	Brown Bread	White Bread	Brown Bread	White Bread	Brown Bread
MILK – FRUIT – YOGURT AVAILABLE DAILY					
Week Commencing: 15th September, 13th October, 17th November, 15th December					



Traditional Menu – 2014



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT 1	Bacon & Cheese Traybake Jacket Potato	Lamb Lasagne Garlic Bread	Chicken Curry Rice	Roast Pork & Stuffing Roast Potatoes	Fish Fingers Chips
MEAT 2	Cajun Chicken Tortilla	Tuna Mayonnaise Salad Jacket Potato	Lamb & Potato Pie Creamed Potatoes	Cheese Flan Tomato Pasta	Pork/Lamb Tagine Pitta Bread
VEGETARIAN 1	Cheese & Sweetcorn Traybake Jacket Potato	Vegetable Lasagne Garlic Bread	Cheese & Vegetable Pie Creamed Potatoes	Quorn Fillet & Stuffing Roast Potatoes	Leek & Potato Frittata Chips
VEGETARIAN 2	Cajun Vegetables Tortilla	Egg Mayonnaise OR Cheese Salad Jacket Potato	Vegetable Curry Rice	Cheese Flan Tomato Pasta	Vegetable Tagine Pitta Bread
ACCOMP.	Tomato Sauce	Salad Cream	Gravy	Gravy	Tomato Sauce Vinegar
VEGETABLES	Baked Beans Sweetcorn Mixed Salad	Mixed Vegetables Coleslaw Mixed Salad	Broccoli Sliced Carrots Mixed Salad	Cabbage Garden Peas Mixed Salad	Peas Sweetcorn & Pepper Mixed Salad
DESSERT	Gingerbread & Sweet Sauce Butterscotch Biscuit	Iced Sponge Selection of Fruit	Summer Fruit Flan Melting Moments	Chocolate Muffin Apple Flapjack	Chocolate Krispies Ice Cream
BREAD	White	Brown	Brown	White	White
MILK – FRUIT – YOGURT AVAILABLE DAILY					
Week Commencing: 22nd September, 27th October, 24th November					



Traditional Menu – 2014



WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT 1	Ham, Leek & Pea Pasta Garlic Bread	Roast Chicken & Stuffing Roast Potatoes	Pork Brunch Creamed Potatoes	Cheese & Pepper Pizza Jacket Potato	Battered Fish Chips
MEAT 2	Salmon Nibbles Creamed Potatoes	Chilli-con-Carne Pie Crusty Bread	Tandoori Mince Lamb Naan Bread	Chicken & Potato Crisp Herby Bread	Pork & Chick Pea Curry Rice
VEGETARIAN 1	Cheesy, Leek Pasta Garlic Bread	Quorn Fillet & Stuffing Roast Potatoes	Quorn Burger Creamed Potatoes	Cheese & Tomato Pizza Jacket Potato	Cheese & Egg/Onion Slice Chips
VEGETARIAN 2	Vegetable Jalousie Creamed Potatoes	Chilli Vegetable Pie Crusty Bread	Tandoori Vegetables Naan Bread	Vegetable Potato Crisp Herby Bread	Chick Pea & Potato Curry Rice
ACCOMP.	Parsley Sauce Tomato Sauce	Gravy	Tomato Sauce Mint Riata	Tomato Sauce	Tomato Sauce Vinegar
VEGETABLES	Diced Carrots Sweetcorn Mixed Salad	Broccoli Mixed Vegetables Mixed Salad	Baked Beans Garden Peas Mixed Salad	Coleslaw Green Beans Mixed Salad	Garden OR Mushy Peas Macedoine Vegetables Mixed Salad
DESSERT	Shortbread Apple Crisp & Custard	Rice Krispie Cookie Chocolate Fudge Cake	Viennese Whirls Ice Cream	Iced Fruit Sponge Oaty Cookie	Mousse Cinnamon Scroll
BREAD	Brown	White	Brown	White	Brown
MILK – FRUIT – YOGURT AVAILABLE DAILY					
Week Commencing: 1st September, 29th September, 3rd November, 1st December					